



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

Parenting By Example:
“Walk the Talk”

By
Imam Moujahed Bakhach



Introduction: Let Your Children Shine!

- ❖ Your children are **the stars** in your crown and it is time for them to shine. Let them **shine**.
- ❖ It's ok for them to shine. Don't worry.
- ❖ It is time for parents to say: "I do not surrender, I do not give up".
- ❖ I will not be intimidated by all the **forces tugging** on my children and family.
- ❖ I will not accept that disconnected children are just "**how it is**" these days (**social media**).
- ❖ I will not continue to parent **out of fear** that my kids won't like me if I require more from them **spiritually, behaviorally, and academically**.
- ❖ I do not accept the epidemics of **drugs, sex, Gay, & Transgenders' issues, and alcohol** in the middle and upper schools.



Introduction:-

- ❖ As Parents, you and I, share some very important priorities.
- ❖ Just like you, after trying to earn the love of Allah then His Rasul (SA), then, I love my family more than anything in this world.
- ❖ I want us all to be safe, healthy, happy and prosperous in everything we do, both: within our family and when we go out into the world.
- ❖ It's a day today challenge, but most days it seems to be going "pretty well" at my house. (With two girls, teenagers living at home).
- ❖ However, as parents, it's our job to be aware of everything that can even potentially impact our families.



Introduction:- Cont'd.

- ❖ People enter our family's world from all walks of life: teachers, coaches, extended family, school bullies, the all-powerful peers and others.
- ❖ Some are well-Intentioned and some not.
- ❖ These people may have **priorities** and **values** that are different from our own and they **can tremendously affect** how our children **think, feel, and behave now**, as well as who they become as adults.
- ❖ Bombardment from a **massive media** can undermine **morals & values** of our children: **Television, music** and **movies heroes** and icons.



- ❖ This is a fight we can and **MUST win**. If we Just **do our own homework and plug in**.
- ❖ As parents we are certainly **NOT** the only **influences** in our children's lives, so we **absolutely**:
- ❖ **We (parents)** Must make sure **we are the best** and **most persuasive** influence in our children's lives.
- ❖ Family is even more important today that in generations past, and its erosion is unacceptable.



- ✓ It is **not** to lead our family members to **safest side** and **walk** there.
- ✓ I will try my **utmost ability** to work **to socialize my children** in a way so that they become **immune many seductive promises** of **false** realities and provocative lifestyle of today's fast paced world.
- ✓ **I will not let T.V. or Internet** “baby sit” them as I communicate only thru **emails, texting, and cell phones**, etc.
- ✓ I will instead plug in the **old fashioned** way and **prepare them** to **deal within wonderful** (Phenomenal) family.
- ✓ **The million \$ Q. is: How to prepare them?** As Allah commanded us revealing this verse in surat **At-tahreem 66:**

«يا ايها الذين آمنوا قوا أنفسكم وأهليكم نارا وَقودُها النَّاسُ والحِجارة.....» الآية.



- ❖ We Must carefully **guard Not Only** our own conduct, but the conduct of our families and **all who are near and dear to us**. For the issues are more serious, and **the consequences of a fall are most terrible**.
- ❖ Also, never forget the reality that Allah (سبحانه) addressed in surat At-Taghabun 64:14: **«إِنَّمَا أَمْوَالُكُمْ وَأَوْلَادُكُمْ فِتْنَةٌ، وَاللَّهُ عِنْدَهُ أَجْرٌ عَظِيمٌ»**

“Your wealth and your children may be a trial, but in the presence of God, is the highest Reward.”



- ✓ We **MUST** make certain that we do not threaten our own families from within due to our lack of adjustment poor priorities and techniques of your own upbringing.
- ✓ That **love**, you have for your children & family is the necessary ***fuel for your efforts.***



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

As a Parent:- Say it:

“ I am not charged with being their friend, I am charged with being **their parent, their protector,
their teacher and their Leader”**

- **You have the power to set your child on a course for success.**
- You may or you may not feel powerful right now, but if you have the courage to rise to the challenge your child can and will be blessed beyond belief.
- I am optimistic person, because I believe that you and me can assume the noble role of leading our families through this modern maze, and turn up the volume on the values and beliefs that define what you and me want for our children and family.



- All you need is:
 - a. **Spiritual positive spirit & practical steps to walk the talk.**
 - b. **Trust in Allah (subhanah), Tawakul, (Ayah: save yourselves and children from fire..), love your spouse and children – don't feel shy - and show it,**
 - (such behavior establish a **happy atmosphere as well as confidence and better relationship among the family members, plus a very important key is Du'aa for (not against) them.**
 - « عن أنس (رضي) قال: -صلى- ثلاث دعوات لا تُرد: دعوة الوالد لولده، ودعوة الصائم، ودعوة المسافر» (hadith:)
 - **3 Du'aa will not be turned down unanswered)..etc. another hadith:**
 - « عن جابر -رضي- قال: قال: (صلى) ..ولا تدعوا على اولادكم، لا توافقوا من الله ساعة، يسأل فيها فيستجاب لكم» (صحيح)
 - **Do not make dua against children may be it is a moment of answering by Allah, so you'll not regret it.**



Do you want your children get “A’s”,
Give them:-
special tools and guidance.

- a) **Community participation and volunteering, also**
- b) Energy by looking to the **love in your heart** to know that you have the power and energy, to meet this challenge of **creating an environment** in which your children and your family, **can enjoy**.
- c) **A really good detailed PLAN.**
- d) **NEXT STEP is to know: What you need to stop doing and what you need to start doing to lead your family to safety and happiness.**



عن ابن عمر (رضي): قال رسول الله (صلى): «كلكم راع وكلكم مسئول عن رعيته، فالإمام راع ومسئول عن رعيته، والرجل راع في أهله، وهو مسئول عن رعيته، والمرأة راعية في بيت زوجها، وهي مسئولة عن رعيته..» صحيح

f. they watch what happens to family members when they **succeed or fail** and those experiences becomes part of their reference files for how they live their own lives.

g. **children are the products of their learning histories.**

h. **the good /bad news is that you are in a position of tremendous power in regard to influencing the development of your child.**

i. your children assign you such power as **their model of adulthood** because you protect them and you spend greater time with them.

j. **The question is: How are you using this opportunity?**



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

“ Walk the talk ”

k. How many ways is your conduct writing on the slate of who your child will become.

l. You are your child's, **FIRST TEACHER** and this is a school that never lets out.

m. You serve in that role (teacher) throughout their lives.

n. They follow your lead to see what they're supposed to be and do. They need someone to look up to. To guide them and to help them see around corners.



Model parenting: “Actions speaks louder than words”

WARNING:

- **Research tells that children who do not have role models have far more behavioral problems than those who do.**
 - o.** Modeling is important, why? Because it is the primary way that children learn the values they will carry for life. It is true that actions speak louder than words
 - p.** Your actions teach them (children) how to take personal responsibility for their own behavior, choices, actions, thoughts and feelings. Such power cannot be ignored or neglected, not if you dream to build a righteous life for your child.
 - q.** Observing that you live with passion gives them a passion for living.

كما في الحديث الصحيح عن رسول الله (صلى) أنه قال: **إن الله لا ينظر الى صوركم ولا الى أجسامكم، ولكن ينظر الى قلوبكم وأعمالكم.**»



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

Monkey see, monkey do !

r. Raising good children is simple enough if you, as their role model, happen **to be true example to yourself**. unfortunately, as parents, many are far from such goal to achieve.

- ex. remove alcohol from your homes..

s. so, we just have to do the best we can with being aware that we are being watched in all we do. first by Allah, then by our children as it says: monkey see , monkey do.



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

If you want !

- I. If you want your child **to be neat**, with perfectly tidy room every day, then you must be neat.
- II. if you want your kids **to read**, then they must see you opening and enjoying good Islamic and other books and or magazines.
- III. If you want your children **to learn how to express themselves**, then you **MUST engage your family** in discussion at home and at the Islamic center, youth programs and volunteer at different areas in the center as well as the city institutes such as: Hospitals, police Dept. etc. regardless disagreement with board members or imam.
- IV. if you want your kids **to be healthy and fit**, then they **MUST see you eating healthy food and creating a lifestyle for yourself and for them that they include regular exercise and family recreation**.
- V. If you want them **to handle anger appropriately**, then you **CAN'T cuss or bad language at the one who took “your” parking space**.
- VI. **If you want your children to be honest**, you **MUST exhibit honesty in your everyday life**.
- VII. if you want your children **to be joyful**, then they've got to see you acting, feeling and living that way, too.



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

- ❖ Story of the Prophet - صلى - with .. والركوب على ظهره.. with Umayr: يا عَمِيرَما فعل النُّعَيْر
- ❖ ومع الرجال: يا أبا هر، ويا أبا تراب
- ❖ ومع النساء: يا عائش، سباقه مع عائشة (رضي)،
- ❖ ومع الأولاد (صلى): زينب الصغرى على ظهره في السجود أو على كتفه في الصلاة..
- ❖ Omar (R) with the young boy.... لقد عققته قبل
- ❖ الأقرع والتقبيل، النعمان بن بشير والأرض،
- ❖ آية سورة الروم واسبس الزواج , خالك كخ. واضربوهن. Domestic violence: Spouse abuse.
- ❖ Practical stories happened: **Canada.. Boy G., Louisiana divorce , Alcohol at home, etc**
- ❖ True (in the Muslim practice, and Misconceptions (from non-Islamic perspectives): **Wife = property..**
- ❖ **Birds of a feather flock together.**



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

FINALLY...

- ✓ You don't need a Ph.D. in behavioral sciences to know that: too many parents in this day of fast-paced living with double-income families are failing as role models.
- ✓ One of the results of that is: Staying away from learning the thre Creed or "Aqidah" at the masjid and away from participating in the community activities. Such is a BIG and COSTLY MISTAKE, Led to: Girls of Marriage from non-Muslims, **drugs**, gangs and etc.
- ✓ Also, because of self destructive behaviors: Believe me.
- ✓ Children are three times more likely to smoke, if their parents smoke.
- ✓ Allah (subhanah) blessed us with Islam to be happy when you remember Him, worship Him , too.
- ✓ My girls every Saturday, very beautiful Idea. Don't scare children with Allah but increase the knowledge about Him to love him then to submit. والله أعلم



AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

والسلام عليكم ورحمة الله وبركاته
رمضان مبارك ، بإذن الله





AL-HUDA
UNIVERSITY
RELEVANT AND AUTHENTIC

END