

From Atheism to Monotheism

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Abstract

Atheism, the belief in the lack of the existence of God, is a growing trend in the modern world that affects all religions. Specifically, it is an increasingly threatening force that shakes the core values of Islam. In this paper we contend that the effects of Atheism are pervasive and we discuss this phenomenon with all of its types and problems. We analyze the root causes for which Atheists do not believe in the existence of God and we dispel their claims against religious institutions. Through the use of an extensive questionnaire as well as personal stories we provide evidence with scientific and Islamic proofs to tackle the misconceptions of Atheists. We state solutions for the Muslim community to protect themselves by having a strong and firm faith, seeking knowledge and being amongst a good Islamic atmosphere. We conclude that there is no basis for Atheism as a religion and that Islam stands solely as the truth. In a rapidly changing and influential world, it is essential for Muslims to know, understand and protect themselves from an epidemic that could poison the world.

Keywords: Atheism; monotheism; muslims; believers

Research Type: Theoretical

Introduction

“Life’s greatest tragedy is to lose God and not to miss him.”

Atheists might assert that they don’t acknowledge the existence of God, but the view of some Christians and all Muslims is that at some level even the confirmed Atheist affirms God’s presence. The innate but neglected awareness of God typically surfaces in Atheist consciousness only in times of severe stress. On the other hand, Atheism is a very serious issue that we can’t deny. Firstly, Atheism is a growing movement that is becoming more aggressive, more demanding, and less tolerant of anything other than itself, as is exemplified by its adherents. Secondly, Atheism is widespread in the modern era in very dominant way. It is no longer confined to a particular region or area. It has become a commonplace in many religions. Its symbols and ideas began to spread in light of cultural globalization and cultural openness. It is commonly seen among young people and the poor (who are dominated by poverty and ignorance) as well as the wealthy class that are engulfed in luxury and fun.

Finally, an Atheist is someone who does not antagonize religion but antagonize God of the universe and declares war upon Him. The threat of Atheism generally is not aimed at a particular religion or sect but aimed at all those who believe in God. One of the most important goals sought by Atheism and all its institutions, then, is confronting Islam and its followers.

Atheism

Atheism is, in a broad sense, the rejection of belief in the existence of deities. In a narrower sense, atheism is specifically the position that there are no deities. Most inclusively, atheism is the absence of belief that any deities exist. Atheism is contrasted with theism, which in its most general form is the belief that at least one deity exists.

The term atheism originated from the Greek, meaning "without god(s)" and is used as a pejorative term applied to those thought to reject the gods worshiped by the larger society. With the spread of free thought, skeptical inquiry, and subsequent increase in criticism of religion, application of the term narrowed in scope. The first individuals to identify themselves using the word "atheist" lived in the 18th century. Some ancient and modern religions are referred to as atheistic, as they either have no concepts of deities or deny a creator deity, yet still revere other god-like entities.

Since conceptions of atheism vary, determining how many atheists exist in the world today is difficult. According to one 2007 estimate, atheists make up about 2.3% of the world's population, while a further 11.9% are nonreligious. According to a 2012 global poll, 13% of the participants identify as Atheists. According to other studies, rates of atheism are among the highest in Western nations, again to varying degrees: 30 million Americans don't believe in God and 98% of Professors believe in evolution.

Atheism and Agnosticism is a growing movement on college campuses, among the general population and even amongst some Muslims. The United States has a 4% Atheism rate while Canada has a 28% rate. The figures for a 2010 Eurobarometer survey in the European Union (EU), reported that 20% of the EU population do not believe in "any sort of spirit, God or life force".

The main fundamentals of Atheism are the following: There is no God or devil. There is no supernatural realm, miracles cannot occur, everything is solely dependent on verifiable evidence

and scientific analysis to accept or reject a claim. There is no such thing as sin as a violation of God's will. Ethics and morals are relative. Generally, the universe is materialistic and measurable. Man is material (lump of intelligent flesh with no soul). Finally, that generally, evolution is considered a scientific fact.

Types of Atheism

Intellectual atheist/agnostic. This type of nonbeliever seeks information and intellectual stimulation about atheism. They like debating and arguing, particularly on popular Internet sites. They're also well-versed in books and articles about religion and atheism, and prone to citing those works frequently.

Activist. These kinds of atheists and agnostics are not content with just disbelieving in God; they want to tell others why they reject religion and why society would be better off if we all did likewise. They tend to be vocal about political causes like gay rights, feminism, the environment and the care of animals.

Seeker-agnostic. This group is made up of people who are unsure about the existence of a God but keep an open mind and recognize the limits of human knowledge and experience. Silver and Coleman describe this group as people who regularly question their own beliefs and “do not hold a firm ideological position.” That doesn't mean this group is confused, the researchers say. They just embrace uncertainty.

Anti-theist. This group regularly speaks out against religion and religious beliefs, usually by positioning themselves as “diametrically opposed to religious ideology,” Silver and Coleman wrote.

“Anti-theists view religion as ignorance and see any individual or institution associated with it as backward and socially detrimental,” the researchers wrote. “The Anti-Theist has a clear and – in their view, superior – understanding of the limitations and danger of religions.”

Anti-theists are outspoken, devoted and – at times – confrontational about their disbelief. They believe that "obvious fallacies in religion and belief should be aggressively addressed in some form or another.”

Non-theist. The smallest group among the six is the non-theists, people who do not involve themselves with either religion or anti-religion. In many cases, this comes across as apathy or disinterest.

“A Non-Theist simply does not concern him or herself with religion,” Silver and Coleman wrote. “Religion plays no role or issue in one’s consciousness or worldview; nor does a Non- Theist have concern for the atheist or agnostic movement.” They continue: “They simply do not believe, and in the same right, their absence of faith means the absence of anything religion in any form from their mental space.”

Ritual atheist. They don't believe in God, they don't associate with religion, and they tend to believe there is no afterlife, but the sixth type of nonbeliever still finds useful the teachings of some religious traditions. “They see these as more or less philosophical teachings of how to live life and achieve happiness than a path to transcendental liberation,” Silver and Coleman wrote. “For example, these individuals may participate in specific rituals, ceremonies, musical opportunities, meditation, yoga classes, or holiday traditions.” For many of these nonbelievers, their adherence to ritual may stem from family traditions. For others, it’s a personal connection to, or respect for, the "profound symbolism" inherent within religious rituals, beliefs and ceremonies, according the researchers.

Methodology

Procedure

First, we will examine the current status of some of the atheists who do not believe in God. This may include questionnaire. Secondly, we will examine different models of reverted atheists to come with a plan that is derived from those models. Finally, we will then analyze this questionnaire using qualitative research methodology to reduce dangerous effect of this problem.

Data Collection Instrument

This is the Questionnaire that we designed:

- i. What are the reasons make a Muslim atheist?
- ii. Why the atheist thinks God is not good?
- iii. Why does the Atheist believe that God doesn't exist?
- iv. What are the different proofs can we give to convince Atheist of God?
- v. What are the solutions that help Muslims to avoid the danger of Atheism?
- vi. Why do you think Monotheism is the true belief?

The questions were given to a group of students at Al-Huda University. We use the responses we received and integrated them into this paper while providing additional information to answer the above questions throughout the paper.

What are the reasons that would make a Muslim atheist?

One of the samples that we found on YouTube explained his reasoning for changing his religion from being a Muslim to becoming an atheist. The first reason he gives is that he thinks there is no evidence to prove that God exists. He believes that all the books have errors including the Quran. The third reason as he said "not everyone can understand the Quran and people use scholars to interpret the meanings because they can't do it themselves and because of that there

are some contradicting opinions and fatwas given.” The fourth reason mentioned by him is that people tend to overlook some of the verses in the Quran. The last reason is that people who know Arabic misinterpret and change the explanation to those who don't understand Arabic to convince them of Islam.

Furthermore, there was a dialogue between an Atheist professor and Muslim student. Here are the Questions the professor asked to prove that God is not good and does not exist: The professor asked the student if he believed that god is good. The professor said how come God will be good and he is the one who created the devil and all evil things like diseases, torture, brutality, and all the sufferings, pain and hatred around the world. Then, in order to prove that God does not exist he said “Science says you have five senses that you use to identify and observe the world around you. You have never seen God, have you? Have you ever heard, smelt, tasted, felt your God? According to the rules of empirical, testable, demonstrable protocol and science, your God does not exist.”

Discussion

All the Atheists deny the existence of God for the following reasons. Firstly, belief in God will remind them of their beginning and their final destiny; it puts the purpose of their lives into perspective. Secondly, belief in God gives a perspective to their current existence. They focus solely on this immediate life and follow their own desires without any punishment. Indeed, they become heedless of their purpose in life. Allah reminds humanity, “The life of this world is merely an amusement and a diversion; the true life is in the Hereafter, if only they knew” (Quran 29:64). In addition to their denying of Allah's existence, they believe that God isn't good. Unfortunately, some Muslims followed in their steps and became Atheists. In the following discussion our main focus is to prove the falsehood of the Atheists' claims that God doesn't exist

and then answer their questions regarding if there is God, and if He is good why He has created evil? Our answers will include scientific proofs that were driven from scientific discovery. In addition, we will refer to some of the scientific proofs and medical miracles that were mentioned in the Quran more than 1400 years ago that were discovered recently.

One of the Atheists' claims is that the universe exists by chance without any power. In order to answer this we use the following analogy: Have you heard of any fireworks, ammunition or bombs going off spontaneously? Or does it require a detonating mechanism to set off the explosions? Two factors have to be present: the correct ingredients and somebody to set off the explosion, whether by a match stick or the hammer of a pistol or some electrical spark. It does not just occur by chance. Similarly, the universe and the Big Bang had to have a detonating mechanism, it was not spontaneous. The detonator is God. Secondly, if somebody had a bullet in his hand and they said it went off on its own and killed somebody, would any scientist accept such a ludicrous statement? Of course not, scientists wouldn't believe it or accept it. So how come they can claim and believe that the universe exists by itself through the Big Bang theory. The same logic must be applied to both scenarios to see that such creation of intricate and complex detail could not have spontaneously occurred just like a bullet or firework does not just start on its own. By using the very same scientific concepts, we can see that it is not possible to have the universe without a higher entity or deity that is God.

Another logical answer for this false claim is mentioned in the book of Muslims' Creed by Shiekh Salih Albleehi, in a debate between an atheist and a believer. The atheist asks the believer "Do you believe in God?" the believer answers "Yes, with no doubt." The Atheist asks

him again “Do you see Him, hear Him, smell Him or touch Him?” The believer’s answers “No I don’t.” The Atheist asks “So how come you believe in him?” The believer replies with a question: “Do you have a brain?” to which the Atheist says “Yes, I do.” The believer follows with “Do you see your brain, or hear it or smell or touch it?” The Atheist answers “No, I don’t.” The believer says “Then by your logic, your brain does not exist.”

Additionally, Edward Hubble in 1929, discovered red shift; which means the universe is expanding. According to that, tracing the expansion back in time would mean that the universe was joined in a point. Then, an explosion happened (Big Bang) which gave rise to the universe. This Big Bang requires the creation of matter, time and space. Thus, the universe had a beginning. Things move from order to disorder. After a long time- according to physics, the universe will experience total disorder and that will be the death of universe. However, if the universe is infinitely old, and a long time has ALREADY passed, thus, we should be in total disorder right now (no movement, no life, no sun, etc.) But, we are not experiencing the above meaning that not enough time has passed by for the universe and this theory is empirically denied. Therefore, the universe is NOT infinitely old. It has to be FINITE with a beginning. Anything that begins to exist needs a beginner. This beginner is God or Allah (SWT).

Moreover, The Quran itself gave humanity clear evidence for the big Bang, “Have not those who disbelieve known that the heavens and the earth were joined together as one united piece, and then We parted them?” (Quran 21:30).

Also, in the skin of a human being, there are pain receptors, which are specialized nerve ending which transmits pain from any injury or disease. They inform the brain which causes it to

hurt. Your hands have the most pain receptors throughout the body. There are about one-hundred receptors in one finger. There are no pain receptors in the brain. Who could create such sophisticated processes? Allah (God) (SWT). The Quran states; “Those who reject our signs, We shall cast into the fire; as often as their skins are roasted through. We shall change them for fresh skins, that they may taste the punishment; for Allah is Exalted in power; Wise.” (4:56)

Here we see that Allah didn't say “as often as their skin are burned” as burning could be

إِنَّ الَّذِينَ كَفَرُوا بِآيَاتِنَا سَوْفَ نُصَلِّيهِمْ نَارًا كُلَّمَا نَضِجَتْ جُلُودُهُمْ بَدَّلْنَاهُمْ جُلُودًا غَيْرَهَا لِيَذُوقُوا الْعَذَابَ ۗ إِنَّ اللَّهَ كَانَ

عَزِيزًا حَكِيمًا (٥٦) (النساء: 56)

partial, but he rather said: “as often as their skins are roasted through” i.e., totally burned with all nerves of sensation and pain. So, He is the Almighty associated between the sensation of pain and the skin when roasted and burned totally, thus losing its structure and function. When sensation of pain is lost, a new fully composed and functional skin is replaced, where the nerve ending responsible for the painful sensation of heat and burn perform and function to make the disbeliever taste the punishment of being burned with five over and over again.

Another example is seen when looking to the mountains, the natural skyscrapers. They are like tent pegs that give the crust stability and hold it down. According to Dr. Frank Press, an author of a basic reference textbook, Earth, mountains are important in giving stability to the Earth. Mountains have underlying roots in the ground, giving them a shape like a peg. Nobody could make rocks like this except Allah SWT. Allah says in the Quran:

(Have We not made the earth as a bed, and the mountains as pegs?) (Quran, 78:6-7)

Mountains also play an important role in stabilizing the crust of the earth. They hinder the shaking of the earth. God has said in the Quran:

(And he has set firm mountains in the earth so that it would not shake with you....)

(Quran, 16:15)

Furthermore, one of the scientific evidences that are found in the human body is a cell. A single human cell's nucleus has enough information to make 900 books with 500 pages in each book! If information in the book can only come from intelligent humans and not from random letter of ink coming together, then, the information in the cell has to come from some intelligent being and not by chance. A deity must exist that creates all of these wonders.

This effectively falsifies the claims of the Atheist in saying that these processes can occur without a supreme deity.

Another interesting point regarding medical miracles that is mentioned in the Quran: the female honey bee, Allah (SWT) says in the Holy Quran: (Your Lord revealed to the bees: “Build dwellings in the mountains and the trees, and also in the structures which erect. Then eat from every kind of fruit and travel the paths of your Lord, which have been made easy for you to follow. “From inside them comes a drink of varying colors, containing healing for mankind. There is certainly a Sign in that for people who reflect) (16:68-69)

وَأَوْحَىٰ رَبُّكَ إِلَى النَّحْلِ أَنِ اتَّخِذِي مِنَ الْجِبَالِ بُيُوتًا وَمِنَ الشَّجَرِ وَمِمَّا يَعْرِشُونَ (٦٨) ثُمَّ كُلِي مِن كُلِّ الثَّمَرَاتِ فَاسْلُكِي سُبُلَ رَبِّكِ ذُلُلًا ۗ يَخْرُجُ مِنْ بُطُونِهَا شَرَابٌ مُّخْتَلِفٌ أَلْوَانُهُ فِيهِ شِفَاءٌ لِّلنَّاسِ ۗ إِنَّ فِي ذَٰلِكَ لَآيَةً لِّقَوْمٍ يَتَفَكَّرُونَ (٦٩)

In the honey bee colonies, each of the many bees is assigned a specific task; the only exception is the male honey bee. The male does not contribute to the defense of the hive or its cleaning, gathering food, or making the honey comb and honey. The only function of the male

bees in the hive is to inseminate the queen bee. Apart from reproductive organs, the male possess almost none of the features possessed by other bees and it is therefore impossible for them to do anything but fertilize the Queen. As a matter of fact, the translated verbs in English (underlined words) used for the honey bee are used in the feminine verb format in the Qur'anic verses. Based on this, the Quran indicates that the honey bees that work in the making of the honey are females.

We should not forget that it is impossible for this fact to have been known about the honey bees in the time of the Prophet Muhammad (PBUH). Yet, Allah has pointed at this fact and shown us yet another miracle of the Quran. The scientific proofs are clearly exhibited that the only way for this revelation to come about was through a higher deity.

After we are acquainted with all the different examples above, which are few comparing to the many other examples that a person can discover if he/she examines, analysis, reflects and understands the Holy Quran. All the atheists' claims regarding science are now not logical and completely false as it becomes increasingly clear that their claims are based on self-desires not on logical and scientific research.

Additionally, they don't believe in the Quran as a Holy Authentic book claiming that the Holy Quran is alternated like other scriptures while all these miraculous attributes are proving the trustworthiness of this Holy book. Fourteen centuries ago, Allah (SWT) sent down the Quran to mankind as a book of guidance He called upon people to be guided to the truth by adhering to this book. From the day of its revelation to the Day of Judgment, this last divine book, the Holy

Quran, will remain the sole guide, faith and a methodology of life for humanity. Allah (SWT) says in the Quran:

“Surely this Quran guides to the way that is straightest and gives good tidings to the believers who do deeds of righteousness, that theirs shall be a great wage.” (18:9)

إِنَّ هَذَا الْقُرْآنَ يَهْدِي لِلَّتِي هِيَ أَقْوَمُ وَيُبَشِّرُ الْمُؤْمِنِينَ الَّذِينَ يَعْمَلُونَ الصَّالِحَاتِ أَنَّ لَهُمْ أَجْرًا كَبِيرًا (٩) (الإسراء: 9)

The matchless style of the Quran and its superior wisdom are definite evidence that it is the word of God. In addition, all the miraculous attributes proving that it's a revelation from God. Of course the Quran is not a book of science. However, many scientific facts that are expressed extremely concise and profound manner in its verses couldn't have been at the time of the Quran's revelation, and this is still more proof that the Quran is the word of God.

In the 7th century, when the Quran was revealed, Arab society had many superstitious and groundless beliefs where scientific issues were concerned. Lacking the technology to examine the universe and nature, these early Arabs believed in legends inherited from past generations, they supposed, for example, that mountains supported the sky above. They believed that the earth was flat and that there were high mountains at its both ends. It was thought that these mountains were pillars that kept the vault of heaven high above.

However all these superstitious beliefs of Arab society were eliminated with the Quran,

as seen in surah Al Ra'ed (chapter 13), verse 2, it was said: “Allah is He Who raised up the heavens without any pillars that you can see.” (The Quran, 13:2)

اللَّهُ الَّذِي رَفَعَ السَّمَاوَاتِ بِغَيْرِ عَمَدٍ تَرَوْنَهَا ۗ ثُمَّ اسْتَوَىٰ عَلَى الْعَرْشِ ۗ وَسَخَّرَ الشَّمْسَ وَالْقَمَرَ ۗ كُلٌّ يَجْرِي لِأَجَلٍ

مُسَمًّى ۗ يُدَبِّرُ الْأَمْرَ يُفَصِّلُ الْآيَاتِ لَعَلَّكُمْ بَلِغَاءَ رَبِّكُمْ تُوقِنُونَ (٢)

This verse invalidated the belief that the sky remains above because of the mountains. In many other subjects, important facts were revealed at a time when no one has known them.

According to all what is mentioned, few points need to be highlighted for everyone who is claiming that the Quran is not the word of God: first, the Quran's principal objective is to form a righteous man and establish a virtuous community. Second, the Quran is not a book of astrology, or medicine. Third, the Quran's words need not reflect the norms of the present time, or have connections to recent theories and knowledge. Fourth, Quran's words are very well contrived and accurate, as they are composed by Allah who has perfected everything. Fifth, Quran's purpose of medical and scientific references and miracles are numerous, of which the most significant are:

- i. Reinforcing and strengthening the faith in Muslims through motivations of admonition, deliberation and meditation.
- ii. Giving non-Muslims conclusive evidences of genuineness of Islam, as Prophet Muhammad (PBUH) was not to get acquainted.

With such scientific issues, which were not revealed except in the recent decades, unless told of by Allah the All-Mighty. "Soon will We show them our signs in the furthest horizons, and in their own souls, until it becomes manifest to them that this is the truth..." (41:53)

سَنُرِيهِمْ آيَاتِنَا فِي الْأَفَاقِ وَفِي أَنفُسِهِمْ حَتَّىٰ يَتَّبِعِنَ لَهُمْ أَنَّهُ الْحَقُّ ۗ أَوَلَمْ يَكْفِ بِرَبِّكَ أَنَّهُ عَلَىٰ كُلِّ شَيْءٍ شَهِيدٌ (٥٣)

- i. Also, the Quran is a healing and a mercy, Allah the All-Mighty said; And "We send down of the Quran, that which is a healing and a mercy to the believers, and the unbelievers it causes not except loss." (17:82)

وَنُنزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ ۗ وَلَا يَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا (٨٢) (الإسراء: 82)

The results of the researches conducted over a group of volunteers from USA who were subject to a recitation of the Holy Quran were striking. A trace of a tranquilizing effect was

recorded at a whole rate of 97%. Although many of these volunteers do not know Arabic, yet involuntary physiological changes that led notably to alleviate the acuity of tension they had before were observed in their nervous systems. Furthermore, an experiment of EEG during Quran rehearsal revealed that while listening to Quran, the encephalic waves moved from the fast pattern of vigilance (12-13) wave/second to the slow pattern (8-18)wave/second indicating the state of deep calmness. Non- Arabic speaking persons felt reassured, quiet, and complacent during the process of listening to the Qur'anic verses, in spite of their inability to understand the meanings. This is one of the miracles of the Holy Quran. The prophet (PBUH) explained that miracle when saying:

“No people assembled in one of the houses of Allah (mosques), and recite and study the Book of Allah (among themselves), except that tranquility would prevail over them, and mercy would encompass them, and the angels would surround them, and would make a mention of them in the presence of those near him.”

It is commonly known that the Quran removes the causes of tension and cover the souls with tranquility and complacency. But was that effect of the Quran limited to the souls only? When Allah says: (17-82)

وَنُنَزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ ۗ وَلَا نَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا (الاسراء: 82)

We bestow of the Qur'an from on high what serves as a healing and a blessing to true believers, while it only adds to the ruin of the evildoers. (82)

Dr. Ahmed El Kadi conducted a research in USA on three groups of Americans who don't speak or understand Arabic. He connected them to instruments for measuring biomedical functions such as blood pressure, heart pulses, EEG, myographie, and sweat test. He recited

some Qur'anic verses for the first group, and ordinary sentences of everyday Arabic for the second group while the third group was a control group resting in a state of relaxation. He found that the physiological changes for the first group listening to Quran recitation have more significantly improved than the other two groups (these verily said the All-Mighty Allah: "if we had sent down the Quran upon a mountain, you would have seen it humbled, split asunder out of the fear of Allah. And those similitudes - We strike them for men; haply they will reflect."

(59:21)

لو أنزلنا هذا القرآن على جبل لرأيته خاشعا متصدعا من خشية الله وتلك الأمثال نضربها للناس لعلهم يتفكرون

(الحشر 21)

As a matter of fact, the Holy Quran is the word of Allah that every Muslim believes in with no doubt. But Muslims also have to admit the fact that, there is a serious threat that Islam and Muslim communities face since the beginning of the revelation on earth until our recent days. This threat is known as Atheism that every Muslim has to protect himself from.

There are different ways to overcome this problem. We contend that in order to protect yourself from falling into the pit of Atheism, it is crucial to first evaluate your level of faith or Emaan. One must gauge and realize where they fall on the spectrum of faith, whether it is strong or on the weaker side. Before you can change or better your faith, you must first accept where you currently stand in your faith. This process must be honest and critical to truly gain an understanding of overcoming depressions in your faith and avoiding the pitfall of Atheism. Once your level has been established, you can train yourself to act accordingly. For example, if you are self-aware of your level of faith you can avoid putting yourself in situations that may cause harm to your faith. For someone with a lower or weaker level of faith, it would be best for them to avoid debates or discussions for which they have no knowledge as engaging in this type of

communication could lead to something that they know not of and thus give incorrect information that could sway them to believe in un-Islamic principles and eventually push them into an Atheistic mindset. Of course, one does not necessarily become Atheist overnight. However, it is important to understand that it is an ongoing process and more exposure to situations that could be detrimental to faith will eventually have a snowball effect on a person. In the same way a fruit does not rot overnight but the more it is left out, it will slowly rot until it no longer edible. Because people of lower level of faith are the most vulnerable it is important to next learn about how to increase your level of faith. The very first thing would be to strengthen your core values. You must know and understand the basic and fundamental principles of Islam so that your foundations of the religion are solid. Much like a tall building needs a strong base, so does one's faith. If there is not a strong foundation then the building can fall by means of any storm or wind. In order to do this, one must first instill the Islamic creed in the heart and putting forth the effort to act upon it. Second of all to build upon this structure of faith and make it to be taller and higher, they gain and improve their knowledge about the Quran and the science of the Quran. They must exert energy in seeking knowledge and expanding their chests with the information of Islam. They also have the responsibility of assuring that the knowledge they get is from an authentic source. For example, there exists a vast knowledge base on the internet from which information can be derived but at the same time there is a lot of propaganda about Islam that can be easy to get caught up in. Be logical, wise and use full discretion when seeking knowledge, whether it be from an Internet source, a friend, or even a scholar. Ensure that you are fact checking the information and the sources for strong ties and authenticity. Do not just swallow information and spit it out like a machine. The third piece of advice is to study the Sunnah of Prophet Muhammad صلى الله عليه وسلم and act upon them to increase Emaan. Fourth, a

Muslim should resist his desires and keep himself away from Fitan of this life. Fifth, is to try to understand the main reason for his existence and why Allah created him. Muslims must stay steadfast and constant in their faith so that it does not shake when the earthquake of Atheism strikes.

If one does not follow these advices and strays from the righteous path, deviating from Allah's way, they are bound to be ruined because the cause of any corruption of humanity originates from disbelief in Allah, the Creator. Allah Says, "Whoever follows My Guidance shall neither go astray, nor fall in to distress and misery. But whoever turns away from My Reminder (That is, neither believes in his Quran nor acts on its orders) verily, for him is a life of hardship, and We shall raise him up blind on the Day of Resurrection." One of the important stages to strengthen the Muslim's creed is to improve his knowledge of the Quran and its sciences.

The Prophet Muhammad (PBUH) said "I left behind amongst you two things, if you stick to both of them then you'll never go astray: The Book of Allah and my Sunnah" (Hadith recorded by Al-Imam Al-Bukhari and Al-Imam Muslim)

The Sunnah of Prophet Muhammad (PBUH) is the secondary source of legislation. This is the practical part of the Muslim's Aqidah. As we should follow whatever the prophet said or did. One of the recommendations that the Prophet left amongst us is to accompany the pious and righteous people.

قال النبي عليه الصلاة والسلام:

إِنَّمَا مَثَلُ الْجَلِيسِ الصَّالِحِ وَالْجَلِيسِ السَّوِّءِ كَحَامِلِ الْمَسْكِ، وَنَافِخِ الْكَبِيرِ فَحَامِلُ الْمَسْكِ: إِمَّا أَنْ يُحْذِيكَ، وَإِمَّا أَنْ تَبْتَاعَ مِنْهُ، وَإِمَّا أَنْ

تَجِدَ مِنْهُ رِيحًا طَيِّبَةً، وَنَافِخُ الْكَبِيرِ: إِمَّا أَنْ يَحْرِقَ ثِيَابَكَ، وَإِمَّا أَنْ تَجِدَ مِنْهُ رِيحًا خَبِيثَةً

[أخرجه البخاري ومسلم عن أبي موسى الأشعري]

عن أبي هريرة رضي الله عنه، أن رسول الله صلى الله عليه وسلم قال:

(كل مولود يولد على الفطرة فأبواه يهودانه أو ينصرانه أو يمجسانه) متفق عليه

Narrated Abu Huraira (رضي عنه): The Messenger of Allah (صلى الله عليه وسلم) said, “No one is born except they are upon Al-Fitrāh (instinct). His parents turn him into a Jew or Christian or Magian, just as animals produce their young with perfect limbs. Do you see anything defective?” Then Abu Hurairah, recite the verse if you wish, “So direct your face toward the religion, inclining to truth. [Adhere to] the fitrah of Allāh upon which He has created [all] people. No change should there be in the creation of Allāh. That is the correct religion, but most of the people do not know.” [Surah Ar-Rūm 30:30][Sahih Muslim, Book 033, Number 6423]

This further portrays the importance of being in good company as the more one is away from the Islamic environment and society, the easier it is for them to fall astray and be led into Atheism. They become more vulnerable the further they stray away from Islam or from exposure to Islamic teachings and ways. A practical tip that can be extended on the aforementioned hadith is to submerge yourself in the community and be active with attending lectures or seminars on how to be a better Muslim and strengthen your faith. This goes hand in hand with having a good and strong friend base and surrounding yourself with good company.

Beyond all of this, we provide a personal example to summarize our points. This exemplifies reversion to show how humanity functions on a larger scale in terms of the relationship between Atheism and God. The following model is a story of an atheist who reverted to be a Muslim when he faced a hard test in his life that parallels the main contentions of this paper. In 1990, Dr. Brown was a typical American. He was an atheist and he tried to argue people away from believing in God. His first daughter was born healthy and strong. He said “she was able to stand from the first day of her life.” He saw this as a miracle. However, his second daughter was born

and he found out that she was blue. He was very concerned and later found out that she was dying. She was blue because her body was suffocated. He was so depressed and frustrated that he went and prayed to God for the first time saying, “Oh God if you are there, as I don’t know if you are or not, but if you are, I need your help” and he made a deal addressing God saying, “If you save my daughter, guide me to the true religion that is most pleasing to you God to follow it.” Then he waited for fifteen minutes and went to the intensive care unit. When he entered the unit, the doctors gathered around his daughter. They looked up at him and he saw something change. The doctors explained the fact that his daughter would survive. So he decided to fulfill his promise and began his journey for the true religion. He started reading all the Scriptures of all religions. He reached a conclusion that no one of these religions was the one he was looking for. He was searching for a couple of years but not finding anything. When he read the Bible he read about a prediction of the three prophets to come, this held his attention. He knew about Jesus and Jonah but he didn’t know who the third one was. After searching, he found out that the third one is the prophet of Islam “Muhammad” (PBUH). He found in Islam the continuity of the chain of revelation. At this point he reverted to Islam. This story is a very personal one. From the words of Dr. Brown, “It seems that everybody has a testimony. So if you’re sincere, he will guide you to straight path.”

Conclusion

In conclusion, it is obvious that there is no basis for Atheism as a religion and that Islam stands solely as the truth. Allah (SWT) says in the Holy Quran:

«الْيَوْمَ أَكْمَلْتُ لَكُمْ دِينَكُمْ وَأَتَمَمْتُ عَلَيْكُمْ نِعْمَتِي وَرَضِيْتُ لَكُمُ الْإِسْلَامَ دِينًا» (المائدة: 3)

“This day I have perfected your religion for you and have bestowed on you the full measure of My blessings and have chosen Islam as a religion for you.”(Quran: AlMa'idah-3). According to the meaning of the verse above, there must be controls and constraints in life. These may apply to one's inner life, to what he does in his own affairs, and to his life with other human beings. Islam sets up these controls, defines them with clarity and accuracy, and imparts to them an authority derived from God, ensuring that they remain well respected, observed and obeyed. Anyone who has a pure and righteous heart will be able to see this fact obviously. Up till now, some have blind hearts towards it. Allah says: “{ فَإِنَّهَا لَا تَعْمَى الْأَبْصَارُ { وَلكِنْ تَعْمَى الْقُلُوبُ الَّتِي فِي الصُّدُورِ }”. It is not eyes that go blind; but blind indeed become the hearts that are in people's breasts. (Al-Hajj: 46).

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